

RELEASE OF CLAIMS

On my behalf and that of my predecessors, successors, assigns, heirs, estate, executors, administrators, agents, representatives, and each of them, I irrevocably and unconditionally release and forever discharge the Julie Watson and Julie Watson Yoga and its affiliates, partners, subsidiaries, parent or related entities, joint ventures, partnerships, sureties, heirs, successors, attorneys, insurers, agents, family members, nominees, administrators, and representatives, past, present, and future (collectively referred to as "Released Parties"), from any and all charges, complaints, promises, agreements, controversies, suits, rights, demands, costs, losses, debts, actions, causes of action, claims, judgments, obligations, damages, liabilities, and expenses of any kind and character, including attorney's fees and costs, both in law and in equity, for any bodily injury which is caused by, arises out of, results from, or is in any way connected with or related to (1) my **participation in any class, private session, workshop, retreat, series, or any other activity** of any kind or nature whatsoever of any of the Released Parties, (2) my **use or possession of any classroom, studio, changing room, premises, prop, or supplies** of any kind or nature whatsoever of any of the Released Parties, whether owned, leased, maintained, supervised, or provided by any of the Released Parties, or (3) my **receipt of any yoga or any other services** of any kind or type whatsoever from any of the Released Parties.

GENERAL RELEASE OF KNOWN AND UNKNOWN CLAIMS. I acknowledge that the releases herein apply to any and all actions, liabilities, claims, demands, and obligations, whether known or unknown, foreseen or unforeseen, patent or latent, or mature or unmatured, that I may have at any time in the future against the Release Parties, and I hereby expressly waive application of Civil Code section 1542.1 certify that I have read the following provisions of Civil Code section 1542: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor."

I acknowledge that the significance and consequence of this waiver of Civil Code section 1542 is that even if I should eventually suffer damages relating to claims that currently exist or claims which may not exist until the future, I will not be able to make any claim for those damages. I further acknowledge that I intend these consequences even as to claims for damages that may exist as of the date of this release, which I do not know exist, as well as to claims for damages which may arise in the future, which, if known, would materially affect my decision to now agree to this release, regardless of whether my lack of knowledge is the result of ignorance, oversight, error, negligence, or any other cause.

Date _____ / _____ / _____ Signature _____

Please print name _____